A communication of Better Health Care For You, a project of the Democratic





Many insurance companies can no longer charge any out-of-pocket costs for many preventive services thanks to America's New Health Care Law signed by President Obama on March 23, 2010.

The New York Times

Patient Money
FOR MANY, HEALTH LAW OFFERS A CHANCE
FOR PREVENTIVE CARE

By LESLEY ALDERMAN Published: April 9, 2010

For More Information, Visit: **NewHealthCareLaw.com**

Here are just a few of the preventive services for women like you with no co-pay:

- Breast Cancer Mammography screenings every 1 to 2 years for women over 40
- Breastfeeding comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women*
- Cervical Cancer screening for sexually active women
- <u>Contraception</u>: Food and Drug Administration-approved contraceptive methods, as well as patient education and counseling, not including abortifacient drugs*
- Domestic and Interpersonal Violence screening and counseling for all women*
- Gestational Diabetes screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes*
- Human Immunodeficiency Virus (HIV) screening and counseling for sexually active women*
- Human Papillomavirus (HPV) DNA Test: high-risk HPV DNA testing every three years for women with normal cytology results who are 30 or older*
- Well-Woman Visits to obtain recommended preventive services for women under 65*

Note: Most services are free of charge immediately. Services marked with an asterisk (*) must be covered with no cost-sharing in plan years starting on or after August 1, 2012.